

## CAMP DIRECTOR



Camp Director and Castleton University men's ice hockey head coach Bill Silengo brings over eleven years of coaching experience to the Green Mountain Hockey School. At Castleton, Silengo has built a culture of success

both on the ice and in the classroom.

Over his first three seasons at Castleton, Silengo has helped guide several NEHC All-Conference and All-Academic student-athletes. In 2017, his Spartans squad finished fourth in the conference, hosted a playoff game, and advanced to the NEHC semifinals, one of the nation's most competitive leagues. In 2018, Silengo saw his squad take the defending national champions to double-overtime in the playoffs. Two players under Silengo have signed professional contracts in his first three years at the helm.

Along with success on the ice, Silengo saw his 2018 team land 14 members to the NEHC All-Academic Team and seven named ACHA All-American Scholars.

Silengo has coached skills across the east coast for the past eleven years. He is also an evaluator for USA Hockey New England District Camps.

GREEN MOUNTAIN HOCKEY SCHOOL  
CAMP DIRECTOR, BILL SILENGO  
P.O. BOX 422  
RUTLAND, VT 05702

*"Our camps offer individualized attention and seek to improve each player's all-around skill level, no matter their starting point." - Bill Silengo, Director*

# GREEN MOUNTAIN HOCKEY SCHOOL CAMP



*Mite - High School Levels*

**JULY 15-19, 2019**

## CAMP DETAILS

Session 1 (Mite-Squirt)

- 9:00 am - 11:00 am
- \$290

Session 2 (Bantam-High School)

- 12:00 pm - 3:00 pm
- \$380

**\*\*Please call or email for  
Peewee option\*\***

- 10% discount for siblings
- Goalies skate for free (please call-limited spots)
- Green Mountain Hockey School jersey included
- Opportunities to win prizes at the end of camp

## LOCATION

Union Arena  
80 Amsden Way  
Woodstock, Vt 05091

## QUESTIONS?

Contact GM Hockey School  
GMHockeyschool@yahoo.com  
(203) 376-7463

## HOCKEY SCHOOL PHILOSOPHY

The Green Mountain Hockey School gives you the tools to be successful on and off the ice. We have a highly trained staff that has been involved at the NCAA and professional levels for several years.

## HOW THE WEEK IS BROKEN UP

We believe the best way to teach skill development is with a strong foundation and through repetition. We build each day upon what we taught the day before. We focus on the following areas:

- **Skating technique and stride**
- **Power, speed, and agility**
- **Puck handling**
- **Shooting**
- **Situational play**

## GMHS COACHING STAFF

### Bill Silengo

- Currently head coach at Castleton University (Division III)
- Eight years of coaching at the NCAA collegiate level
- Coached at USA Hockey Festivals for New England District

### Jeff Silengo

- Currently Director of Hockey Ops. at Union College (NCAA Division I)
- Coach at Northwood Prep School 2017-18
- Spent two years playing professionally in the ECHL
- Played collegiate hockey for the UNH Wildcats (NCAA Division I)

## REGISTRATION

Player Name: \_\_\_\_\_

Birth Year: \_\_\_\_\_

Session (1/2): \_\_\_\_\_

Team: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_

Zip Code: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Email Address: \_\_\_\_\_

### REGISTRATION FEES

Type	Session(s)	(\$290/380)	Total
Hockey School	@	\$	\$
		<b>Total</b>	\$

### RETURN FORM WITH FULL PAYMENT TO:

Green Mountain Hockey School  
Bill Silengo  
P.O. Box 422  
Rutland, VT 05702

*Please tear this portion out and enclose a check made out to **Green Mountain Hockey School** to save your spot today!*

### WAIVER/INSURANCE

I realize that participation in any athletic activity involves risk of injury. I hereby agree to waive any claim against Green Mountain Hockey School, and its instructors for any injuries suffered by my child during this camp. I will be responsible for all medical or other charges in connection with my child's attendance at camp.

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_